



Data Book for Thru-Hikers
2006 Edition

© 2007 Israel National Trail Data Project
Original version compiled by Maoz Inon
Translation by Shay Rabineau

Upper Galilee

Km from Dan	Features	Km from Taba
0.0	Kibbutz Dan/Beit Ussishkin (180).....B,W,C	900.0
0.2	Tel Dan Reserve (200); trail curves N & W; Mt. Dov & Mt. Hermon to E & NE.....	899.8
1.0	Fork in trail (204); keep to left, pass through cattle gate, watch for cows.....	899.0
1.7	Gate in fence, power lines; trail passes between stream on left, fence on right	898.3
2.9	Ankle-deep stream crossing; another crossing after 50m.....	897.1
3.8	Metal grill gate, power lines; turn left onto asphalt road.....W,C	896.2
4.4	Stream crossing; trail enters avocado grove.....	895.6
5.0	Left turn at junction; enter Nahal Senir Park (18 NIS entry fee).....B,W,T	895.0
5.4	Senir River; trail goes into water.....	894.6
5.7	<i>Dag al ha-Dan</i> restaurant (park entry point for northbound hikers).....R,B,W,T	894.3
6.4	Exit Nahal Senir Park; trail goes south toward highway.....	893.6
6.7	Hwy. 99; bridge crossing Senir River; McDonald's, gas station.....R,B,W,T,C	893.3
7.0	Turn N toward Kibbutz Ma'ayan Baruch.....	893.0
8.4	Kibbutz Ma'ayan Baruch (183).....	891.6
9.0	Stream channel crossing; henhouses on right.....	891.0
9.6	Road (215); turn N toward Kfar Yuval.....	890.4
10.4	Kfar Yuval; new road to W bypasses gate of Kfar Yuval (recommended).....	889.6
11.0	Kiryat Shmona - Metulla road; turn S toward K. Shmona; after 50m, W on path.	889.0
11.3	Kibbutz Kfar Giladi; turn S 30m before gate; look for Roaring Lion statue.....	888.7
11.7	Roaring Lion memorial (327); descend steps; turn W at restrooms.....W,B,T	888.3
12.0	Tunnel crosses under road; descend to sculpture garden.....	888.0
12.2	Bridge Sculpture (258); trail ascends ravine.....	887.8
12.8	INT information sign (337); asphalt road marked as green trail; ascent.....	887.2
13.3	Cattle gate (380); pine forest; fenced area on right, skeleton of bus.....	886.7
14.3	4x4 road (373) splits to left; views of K. Shmona, Huleh Valley, Golan, Hermon.	885.7
14.6	Ein Ro'im (383); natural spring flowing under fig tree; good campsite.....W,C	885.4
15.0	4x4 road meets trail; power lines; Moshav Margaliyot above on ridge.....	885.0
16.7	Curve toward Geological Park (320); trees bloom purple & pink in spring.....	883.3
16.8	Junction; turn left toward Geological Park.....	883.2
17.4	Junction; blue hiking trail ascends Manarah Ridge; continue S.....	882.6
17.6	Geological Park picnic area (288); road exits E to K. Shmona; continue S...C,T	882.4
18.3	Cable car passes overhead from Manarah Ridge to K. Shmona (317).....	881.7
18.9	Red 4x4 trail merges from right.....	881.1
19.1	Fork in trail (280); continue up and to the right.....	880.9
20.0	Carob tree (357); views of Keren Naphtali.....C	880.0
23.0	Left turn (525); depart from green trail and descend along cattle fence.....	877.0
24.0	Orchard gate; continue along right side of grove.....	876.0
24.4	Green gate (455); turn right on asphalt road.....	875.6
24.5	Mishkanot ha-Ro'im (Hananya - 0505272422; sells goat cheese).....W	875.5
24.7	Exit road onto blue hiking trail.....	875.3
24.9	Descent (438); gate crossing.....	875.1
25.2	Clearing in forest.....	874.8

Upper Galilee

Km from Dan	Features	Km from Taba
25.3	Some trail signs removed; red trail joins with INT.....	874.7
25.5	Trail junction; continue straight.....	874.5
26.0	Gate.....	874.0
27.1	Gate (342); views of Yesha' Fortress.....	872.9
28.6	Viewpoint named after Lipa Gal.....	871.4
29.5	Gate (392); olive grove.....	870.5
29.8	Kibbutz Yiftach; access road runs N; trail turns left toward E.....	870.2
30.0	Trail turns left at Kadash stream.....	870.0
30.1	Trail descends left toward stream.....	869.9
30.6	Stream (320); trail turns right, toward water; ascends ridge going upstream....	869.4
31.1	Trail leaves ravine (376); turns left, in direction of Yesha' Fortress.....	868.9
31.6	Fence of Yesha' Fortress.....	868.4
31.8	Yesha' Fortress (409); trail meets Hwy. 899.....W,T	868.2
32.0	Trail passes 20 meters to left of tomb of Nabi Yoshe'a (Muslim holy site).....	868.0
32.3	Pine grove; good place to spend night.....C	867.7
32.7	Gate in cattle fence (410); views to E; continue S; easy to lose trail.....	867.3
33.5	Ramot Naphtali; access road runs W from Hwy. 886.....	866.5
33.5	Fence (384); fork in trail; continue straight up gentle ascent.....	866.5
34.2	S part of Ramot Naphtali (394); cross fence, climb straight, turn left.....	865.8
34.5	Henhouse gate; go around vineyard to left.....	865.5
34.9	Junction (443); INT goes up toward Keren Naphtali (bypass on black trail 200m)	865.1
35.2	Keren Naphtali (524); ruins; trail descends; go toward henhouses, then SW.....	864.8
35.5	Foot of vineyard (456); trail follows vineyard fence.....	864.5
35.8	Plantation fence (452); trail follows powerlines, passes between henhouses.....	864.2
36.3	Packing shed (466); closed on Fri., Sat.; get permission to fill water.....	863.7
36.8	Trail crosses buried pipeline.....	863.2
36.9	Gravel path (428) to pool of water; turn right; T-junction; turn right on gravel.	863.1
37.9	Path twists to left (345); no signs for 200m.....	862.1
38.4	T-junction; turn right, pass metal grill gate.....	861.6
39.4	End of plantation (277); hill to right; excellent place to camp.....C	860.6
40.0	Junction (243); turn right onto ascent toward saddle of ridge.....	860.0
40.3	Cattle drinking trough (270) alongside cattle gates; continue straight on ascent	859.7
40.5	Tap coming from pipe crossing saddle; turn left toward height of saddle.....	859.5
40.6	Trail descends to left (345), into Dishon Ravine.....	859.4
40.8	4x4 road (230) at bottom; red trail signs; 400m W of pipe crossing saddle.....	859.2
43.0	Trail parallels Dishon stream on 4x4 road (324); many water sources in next km	857.0
43.9	Road to Moshav Dishon (343); cross road, continue straight on red 4x4 road.....	856.1
---	Moshav Dishon (Hwy. 886; guardhouse: 04-6950942); grocery store.....W	---
45.6	Campsite (381); 100m from old ruins.....C	854.4
46.5	T-junction (414); continue straight; road goes up and to the left toward cliff...	853.5
47.1	Campsite (412) above trail, with fire ring and shade.....	852.9
48.0	Small water faucet (431); concrete well; powerlines.....	852.0